



Calvary News

August 1, 2018

Parish Photo Directory

Pictures for a new directory will be taken by Lifetouch from **2:00 - 9:00 p.m. on August 6, 7, 8 & 9 in the Old Well Hall.**

Each household will receive a free 8 x 10 inch portrait and photo directory. We are inclusive, so everyone in your home is welcome to be photographed with you, even if they aren't a member of Calvary. And if you wish, bring your pet, musical instrument or what-have-you for inclusion. If you haven't already, you can schedule a photo session in either of two ways: signing up after church in the Old Well Hall, or by logging on to this site: <https://booknow-lifetouch.appointment-plus.com/ydeeqqh8/>



Please make sure your contact information is correct – addresses, phone number(s), email address(es) – so we can make this directory as useful as possible.

Also, volunteers are needed to help with sign-in, etc. If you can help fill a 2½ hour shift, please call Bill at 333-8134.

It's August, and Time for the August Supper

The August Supper will be held on **Saturday, August 18 in the Parish Hall from 5:00 - 7:00 p.m.** Ticket prices: **Adults \$10.00, children under 10, \$5.00 and are on sale after both services.** There will be a choice of Mike's famous fried chicken or baked ham, grilled corn and lots of delicious side dishes and desserts, all contributed by members of the church. Please plan to join us!



According to the tradition of the August Suppers, parishioners donate meatless side dishes to share with the community. If you can contribute a dish, please sign up in the Old Well Hall. We still would welcome helpers. If you can help, please sign

up on the Helpers List. Questions? Talk to Lucy Hall or Zebbi Sampler.

Autumn Retreats

Mother Liz plans to offer two workshop/retreats this fall. Below is some information so you can lay your plans:

MEMORIES, DREAMS AND REFLECTIONS - September 27

The Bible is a gathering of many forms of literature from poetry to history to imaginative story telling. It recalls the coming together of a community struggling to remain faithful to the God they believed had called them to live together with compassion and love. But how are we to read and understand these diverse stories set in a time and place so different from our own? The workshop will address this question and offer ways in which the Bible can come alive to us through a variety of interactions with the story. Carl Jung called his memoir *Memories, Dreams and Reflections*; we will explore our own memories of God's grace, the dreams that have accompanied us on the journey, and reflection will enable us to see surprising ways in which the Creator is with us and within us. By pondering Scripture and our own experience we will discover fresh insights into the profound relationship we have with the God who loves us - always. There will be brief times for journal work and discussion between the sessions - bring your journal or a note book and if you have actual dreams that have remained with you bring a copy of those also. There will be time to share some of these and you will be offered a model for reflecting on the wisdom of dreams. This workshop is for anyone who has been troubled by the Bible as well as for those who delight in the Scriptures. We will be invited to hear again the invitation of Jesus, to "Follow me" and to discover the riches of an intimate relationship with God.



ADVENT WITH BENEDICT - December 8

The monastic year of ongoing chanting, silence, work, and study is punctuated by great feasts and celebration of saint's days. Advent and Easter were preceded by an even more intense time of prayer and preparation of heart and mind to welcome the Christ and follow him more intentionally. On this Benedictine Day we take time out to still our bodies and minds leaving the busyness of Christmas in our culture, and reclaiming the relationship with God through Jesus who is always inviting us to go deeper into his love.

Programs are on Saturdays, from 10:30 a.m. - 4:00 p.m. Bring your lunch and we'll provide drinks and dessert. A \$5 donation is greatly appreciated.

August Lunch Bunch

We're going to stay close to home this month: meet us on Friday, August 10 at Ruby Tuesday just off Airport Road at 11:30 a.m. As we need to make a reservation, please sign up by Wednesday, August 8. Any questions, call Candice at 230-3340.

Calvary Book Club

The Book Club will meet on Friday, August 17, at 11:30 at Baabal's in Fletcher. We have moved our meeting dates to the third Friday of each month. Our August selection is *84 Charing Cross Road*, by Helene Banff. Book Club is open to all, and we do hope you'll join us! Contact Glenda Davis at 776-1923 or the church office if you have questions.



Side By Side Singing

Do you enjoy singing? We hope you will come sing with us "Side by Side" this summer in the Parish Hall at Calvary. We sing such well-known songs as *Let Me Call You Sweetheart* and *Sentimental Journey*. Whether you are an experienced singer or able to read music ~ or not ~ you are welcome to join with us on Thursday, August 9, 23, and 30. Sessions start at 2:00 p.m. All sessions are free and open to all. Come sing with us! **We like to have cookies and fruit for hungry singers; please sign up in the Old Well Hall.**

Palliative Care Pilot Program with BCBS And Four Seasons

Patients enrolled in BCBS health plans may be eligible to participate in this Palliative Care pilot program with Four Seasons. We are one of just four providers in NC selected to offer this program.

Co-pays and cost shares will not be charged for services. For patients dealing with serious illness, the Four Seasons Palliative Care Team can:

- * Reduce unnecessary medical costs and emergency room visits/hospitalizations
- * Manage symptoms while reducing pain and stress
- * Listen to patients and communicate what matters most to them
- * Coordinate with their doctor(s) to develop a customized plan of care
- * Offer expert guidance for making complex healthcare decisions

To learn if you or a loved one may qualify for this program, contact Missy Wermuth at 692-6178 or miwermuth@fourseasonscl.org.

- Lee Smith

Faith Community Representative

Health Ministry Notes

Happy August to you! As we wind up the summer and vacations, and kids go back to school, I would like you to consider who you are.

God personally formed and made you. You are the only “you” He created; no one has same genetic make-up as you. God shaped each person individually; you are not a carbon copy of anyone else. You're not just another brick in the wall or another nail in the carpenter's toolbox. You can learn from others, but always be what God called you to be. Don't compare yourself to others; take responsibility for yourself. Stay grounded in God's Word and in prayer to improve your vision.



What are your strengths? What do you enjoy working with? Do you enjoy working with people? Are there certain jobs that come more easily to you than others? If so, that says something about your particular strengths and your God-given assignment in life. Once you've identified what makes your eyes sparkle and your pulse race, go for it! Fix your eyes on what lies before you; don't get sidetracked.

What are your relationships? Paul tells us that each one of us is a separate and necessary part in the family of God. But in order to determine where you fit in, it helps to know yourself. What do you thrive on? What motivates you? What challenges encourage you? Do you enjoy being part of a team, or do you function better alone? Guard against negative self talk and balance your life between work and relaxation. Paul tells us that He who began a good work in you will carry it to completion until the day of Christ Jesus (Philippians 1:6).

What lights your fire? In the movie *Chariots of Fire*, Eric Liddell described his zeal for running with these words: "I believe God made me for a purpose, but He also made me fast. And when I run I feel His pleasure." What makes you feel like that? There's a story about a man who was asked if he could play the violin. "I don't know, I've never tried!" he replied. You can not serve others unless you invest in work that matters. Some of us whose heroes are birds walk around feeling bad about ourselves because we can't fly. You're not supposed to! God tell us, "Be content with who you are" (1 Peter 5:6). Stop flapping around out there and give yourself permission to be the person God made you to be! Look in a mirror and see what God sees.

On most fourth Saturday of each month, Linda Wozniak, RD, LDN is available for nutrition counseling, as is an RN for blood pressure screening. In addition, a nurse is available for blood pressure screening on the second Sunday after services. Let me know if you would like to talk or visit with me, or if I can be of any help to you in your health walk.

In the Healing Name of Christ,
- Betty Robbins, RN, Parish Nurse

Food Pantry News

Outreach is growing again at Calvary. We are happy to have Head Start back in their former quarters. The Food Pantry has made room for AA (which had taken over Head Start's space and now has to move) in the corner Gathering Room, shifting the Food Pantry clients to the Parish Hall, where they wait for their numbers to be called.



On a recent Saturday, we had 130 families attend the Saturday Food Pantry. Our Building Committee continues to work hard finding funding for our new the Food Pantry building. As updates occur, we will keep you informed.

As usual, don't forget that the first Sunday of the month is Food Pantry Sunday - all loose offering goes to the Food Pantry. Make checks payable to CECFP, Inc. All canned goods are welcome. Also, we are always in need of volunteer - every other Tuesday at 8:30 a.m. for Manna delivery and every Friday at 9:00 a.m. - just come and help get our shelves stocked. On Saturday, volunteers are needed to help in assisting our clients get their food. Go to <http://signup.com/go/MgvDQc> to sign up for your choice of duty. The Food Pantry is looking for Friday volunteers to get produce from Manna. A pick-up truck is desirable but not necessary. Call Barbara Smith at 684-6091 if you can help.

Above all, keep the Food Pantry ministry in your prayers as we reach out to those in need.



From the Prayer Team

Many of you come through the Chapel on Sundays in order to light votive candles. There will now be an added benefit - we will have cards available by the candles, which you can take and mail to the person for whom you have lit the candle. This is a wonderful, tangible way to let someone know they have been remembered in prayer. Look for them on Sunday.

Diocesan Kid-Friendly Activities

If you have children or youth in your household, please check out the diocesan web page at www.diocesewnc.org and sign up for upcoming activities, including:

- * Splash, a water-filled day, on August 19, from 2:00 - 6:00 p.m. Join us for an afternoon of fun on Lake Ridgecrest at Camp Ridgecrest. Fun, games, and food will be provided. Cost: \$10, pay at event. RSVP to Eden Lewis (elewis@diocesewnc.org.) Transportation is available from Calvary. Please let the office know if you would like a ride.
 - * Beginning in the Middle, a weekend for Middle Schoolers, September 28-30.
 - * High School Fall Conference, on November 16-18.
- For more information, you can call the diocese at 225-6656.

Hosts for Both Coffee Hours Desired



Sign Up for Coffee Hour – Church is hungry work! Deviled eggs, cookies or mini-cupcakes can bring happiness to those who attend the 10:30 service, while the 8:00 parishioners might want less volume but a little more substance. Homemade or store-bought, it's all fine. Coffee, set-up and clean-up are handled by the sexton – just give him some direction. Sign up in the Old Well Hall or call the parish office at 684-6266.

Dear Calvary Church Family:

Many thanks for your prayers, cards, flowers, visits, and food when I recently broke my wrist. You are truly a blessing.

– Barbara Smith

If You Would Like to Write Mother Liz

You can send mail to: Room 102, Caringhouse, 2625 Pickett Road, Durham, NC 27705.

Calvary Prayer List

Immediate Concerns

John Carden, Bishop Michael Curry, Sally McCracken, Barbara Pearce, Mike Achille, Katie Chatham, Liz Canham, George Reamy, Nan May, Flo Speidell, Steve Nesbitt, Jo Furlow, Kit Galligan, Michael Mayhew, Pat Bishop, Janet Edwards, Iris Durell, Andrew Glasgow, Debbie Rogers, Cameron Furlow, Lori Seal, Hazel Romine, Christa Breiner, Bill Perkins, Joanne Burke, Walter McGuire, Robbie Ivey, Gwen Williams, Tammy Asch, John Bodenhorst, Rebecca Taylor, Rick Hensley, Jenny Hatcher, Jessica, Adrienne, Mary, Dave, Katherine, Joe, Chase, Gary, Ellen, Hattie, Tim, Carolyn, Rebecca

Ongoing Prayer Requests

Grace Glover, Bobbie Schmittner, Terri Traw, Mary Davis, Tony Wicker, Bob Mayhew, Hilde Gibson, Jack Combs, Dawn Creasman, Wendy Barber, Peggy Smith, Dale Abeling, Bonnie McGuire, Paul Dehnert, Kay Nesbitt, Rusty Wagstaff, Larry Ficker, Ann Fagan, Helen Diggs, Julia Williams

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Email: welcome@calvaryfletcher.org

A Welcoming and Affirming Congregation

Founded in 1859, we are members of the Body of Christ,
the worldwide Anglican Communion, and the Episcopal Church in the USA.

We are part of the Diocese of Western North Carolina.

The Right Reverend José McLoughlin, *Bishop of Western North Carolina*

The Reverend J. Clarkson, *Priest-in-Charge*

The Reverend Jacqueline Combs, *Deacon*

Anne Spruance - *Office & Churchyard Administrator*

Philip Dettra - *Director of Music*

Sharon Tenty - *Bookkeeper*

Dylan McSwain, Joe Aucho - *Sextons*

Amanda Davalos - *Nursery Workers*

The Vestry

Tom Best - 2019
Leo Bjorlie - 2018
Diane Crisp - 2019
Pat Galligan - 2020
Jack Grant - 2018

Emily Kanipe - 2020
Kathy Noyes - 2019
Lois Pryor - 2018
Zebbi Sampler - 2020

Kathy Noyes, Senior Warden + Jack Grant, Junior Warden + Ted Hill, Treasurer



Mission Statement: Calvary Episcopal Church is a gathering
of those seeking to follow Jesus and to serve the world.



Worship

Sundays

8:00 a.m. & 10.30 a.m. - Holy Eucharist
6:00 p.m. Taizé - 2nd Sunday

Tuesdays

12:00 noon - Centering Prayer

Wednesdays

10:00 a.m. - Holy Eucharist & Healing

Christian Formation

Sundays

9:30 a.m. - Adult Classes
10:30 a.m. - Children's Chapel
12:00 noon - Deacon's Class
(*first Sunday of the month*)