



Calvary News

March 1, 2017

Something to Think About

Have you ever been asked to serve on Vestry? Maybe you think this is something you'd like to do, but you're just not sure if this is right for you? Do you even have the foggiest idea of what a Vestry actually is or does? These are questions that many of us have and finally there will be a chance to learn, before any commitment is made. Fr J. and the Senior Warden will host an informational meeting for anyone considering Vestry or for those who are curious about Vestry and how it serves Calvary Church.

In Fr. Bill Livingston's recent sermon he reminded us all, "You're not just elected to the vestry; you are called to a sacred ministry in your faith community. Please understand the most important responsibility of the Vestry is not pleasing certain or even the most members, not about monitoring the performance of the clergy and staff, but about discernment: discerning who God is calling Calvary to be at this time and this place as it seeks to be part of bringing about God's kingdom."

Since the Annual Parish Meeting is scheduled for April 15 we will have only one Vestry informational meeting this year. **It will be held on Sunday, March 18 at 9:15 a.m. in the library.** We strongly encourage anyone who may be considering candidacy for Vestry to attend and everyone is certainly welcome!

- Sue Ackman, Senior Warden

The Annual Parish Meeting will be held on Sunday, April 15 at 9:15 a.m.

Proposed Changes to Calvary Bylaws

The Bylaws Committee is proposing the following changes to Calvary's bylaws with these being recommended by Fr. Bill Livingston and his experience with many other parishes.

In the past we have had Annual Election Sundays and Annual Parish Meetings. These have been combined to just the Annual Parish Meeting. All elections of Vestry and Diocesan Convention Delegates will be held at the same time as annual reports are presented. The vestry will consist of nine members rather than 12, and still serving three years. Each year a minimum of three new members will be elected as three rotate off. I will have the bylaws as recommended if any one would like to see them, and a copy will also be in the office.

- Jack Grant, Bylaws Committee

Lenten Offering of Holden Evening Prayer

Wednesday, March 7 at 6:00 p.m. in the Nave. Holden Evening Prayer is a contemporary liturgy from the Lutheran tradition, written in the 1980s by Marty Haugen while serving as musician at Holden Village, Washington. This liturgy is a contemplative and reflective setting of prayer, silence, chant, readings, and hymns. Please join us, and bring a friend, as this is a welcome and meaningful companion to any spiritual journey.



Say it with me. . . *Room In The Inn*. Now breathe deeply and prayerfully as you consider God's call for us as individuals, as a parish, and as a community. We have been invited by Fletcher United Methodist Church (FUMC) to partner with them in making this an opportunity right here in Fletcher and have entered into an intentional conversation about how this will come to fruition. On February 25, ten parishioners from Calvary joined me and FUMC in an information sharing session offered by the RITI Volunteer Programs Coordinator, Sharon Blythe.

Best described from the Homeward Bound of WNC website: "The Room in the Inn (RITI) program is our only shelter option, for 12 women who for a variety of reasons can't stay at a shelter. We partner with 62 faith communities who take turns hosting the women for a week, providing all of their meals, shelter, and evening activities. This gives women who aren't a good fit for a shelter environment a safe place to sleep each night while waiting to get into permanent housing." To be considered for RITI, all women are screened and intentionally placed in this program while having daily contact and case management provided by A-Hope Day Center. RITI serves approximately 62 women per year and no more than 12 women at any given time can actively enrolled.

I envision a Calvary lay Coordinator for this ministry and a host of volunteers that will assist this ministry with volunteer presence overnight, meal preparation and hosting, bag lunches, and with prayer blankets and other unique comforts to offer RITI women. FUMC has offered their space and their van for transportation. Our call is to offer our presence. This will be the first location to come to fruition in Henderson County.

Thank you for your presence to this article, to future meetings, to this much needed call to service and action in our local community, and to our faith based partners. Say it with me....*Room In The Inn*. Breathe deeply, knowing the way of Jesus has invited us once a gain to respond. Thank you for your prayers and your discernment around this ministry. Our next corporate meeting is scheduled for April 8 at 4:00 p.m. at Calvary. I am available for details and will keep you updated. Please let me know if you feel called to this ministry, give me a call, or schedule a time to meet with me. Take a look at their website at homewardboundwnc.org.

Our service now begins...yet again...yet in the midst of so many with less.

Peace – Rev. Deacon Jacques+

Day of Contemplative Prayer on March 17

Calvary Episcopal Church in Fletcher will host “United in Prayer Day – Dedicated to Healing Violence” on Saturday, March 17. The day will begin in at 8:30 a.m. in the Parish Hall and conclude after lunch. The event is free and open to all.

This will be a local gathering for the 26th international day of prayer organized by Fr. Thomas Keating’s Contemplative Outreach organization. Individuals and groups that practice Centering Prayer are especially encouraged to attend the event. Participants are asked to bring their own lunch. For further information, please contact the Rev. Patty Mouer: rector@stlukesavl.org.

Health Ministry

Do you feel like cleansing? It is once again time to “Go Further with Food,” the National Nutrition Month theme for 2018. As usual, March falls during Lent. Why not consider food an opportunity to clean up your eating act?!

The result will be joy! Joy is what I envision happening at the cellular level when we provide what is needed to sustain a good clean quality of life: deep sleep, energizing activities, stimulating challenges, wholesome food and hydrating fluids.

This could be a goal of each of us – to give our cells what they need! That means eliminating processed foods and added sugar as much as possible, less alcohol and whole fat dairy, little and only lean meats, but more beans, nuts, seeds, vegetables and fruits, whole grains, olive and canola oils, and, clean clear water. Give it a try – go further!

I am available upon request, to help you with any nutrition needs you have. Betty Robbins, Parish Nurse, is available the second Sunday after each service in the vesting room for blood pressure screening.

- Cheers to your health, Linda Wozniak, RD, LDN

Please Remember. . .

The Calvary Prayer Team serves every Sunday at both services. We are there for YOU, our Calvary family, to pray with you and for you about any situation, whether it is a spiritual, physical, or emotional need; a family issue; a prayer of thanksgiving; or a prayer on behalf of others. If it is a situation which you cannot, or choose not to, put into words, we can pray in total silence or treat it as an unspoken request, and pray accordingly.

We understand clearly that the words we say do not come from us and we must depend on the Holy Spirit to guide us. Every prayer request is treated with total confidentiality - once you leave the Chapel, the team who has just prayed with you does not discuss it further.

There is so much pain in the world and we are not immune to it. We all consider it an honor to take part in this ministry, and encourage you to allow us to serve you.





HOLY WEEK

Looking Ahead to Holy Week & Easter

Sunday, March 25 – Palm Sunday: 8:00 a.m. & 10:30 a.m.

Monday, March 26 – Holy Eucharist at Noon

Tuesday, March 27 – Holy Eucharist with Soaking Prayer at Noon

Wednesday, March 28 – Agape Meal at 6:00 p.m. More information to follow

Thursday, March 29 – Maundy Thursday Service & Stripping of the Altar at 7:00 p.m.

Friday, March 30 – Good Friday Liturgy at Noon

Sunday, April 1 – Easter Day: 8:00 a.m. & 10:30 a.m.

Lenten Food & Formation

Everything you ever wanted to know about being an Episcopalian (but were afraid to ask!)

Please plan to join us on Wednesday, March 14 and 21. If you are relatively new to the Episcopal Church and interested in being confirmed or received, this is a great opportunity to begin that journey. If you have been an Episcopalian for many years, this is a good time to find new insights into how we are church.



Food Pantry News

In February, the Pantry served 422 households and 1419 individuals. Thank you to all who donated food and monetary gifts as well as your time to help feed the hungry. Thank you to Kanuga Conference Center, and to Borg Warner for their food contributions.

Remember that the first Sunday of the month is Food Pantry Sunday. Bring your non-perishable items, especially sugar and coffee. All loose offering goes to the Food Pantry.

Volunteers are always needed on Saturdays from 8:00 - 11:30 a.m. Go to <http://signup.com/go/MgvDQc> to sign up. Tuesday, March 13 and 27 is when we get our Manna delivery at 8:30. Just come and help stock shelves – the more the merrier. Every Friday at 9:00 is restocking of shelves from deliveries during the week from various sources.

The Building Campaign Committee is working with our consultant and raising funds for our new building. We will keep you informed on our progress.

May God bless you in all your support of the Food Pantry.

SAVE THE DATE: Saturday, April 21 is the date for the Calvary Jumble/Rummage Sale. When you are cleaning out closets on these rainy and snowy days, keep this date in mind. What you love but need to get rid of may just be the treasure someone else is looking for. Put it aside until April and have it ready to go. The sale will benefit the Food Pantry. You may bring your items for the Rummage sale beginning on Sunday, April 15 after the Parish Meeting. Drop them off in the stage area of the parish hall.

March Lunch Bunch

Lunch Bunch will gather on Friday, March 9 at 11:30 a.m., at Asiana Grand Buffet, 1968 Hendersonville Road. As a courtesy to the restaurant, we like let them know how many to expect. Please let Candice (230-3340) know by Wednesday, March 7, if you will join us there.



Hosts for BOTH Coffee Hours Desired

A mere four dozen cookies or mini-cupcakes can bring happiness to those who attend the 10:30 service, while the 8:00 parishioners might need less volume but a little more substance. Homemade or store-bought, it's all fine! Coffee, set-up and clean-up are handled by the sexton – just give him some direction. Sign up in the Old Well Hall or call the parish office at 684-6266.

Dear Calvary Church:

Even though I am not a member of Calvary, I have been overwhelmed by the words of encouragement and support I have received from the parish. It has meant a lot. Thank you so much!

- Palin Spruance

Calvary Prayer List

Immediate Concerns

Suzanne Dawkins, George Jollie, Debbie Rogers, Lois Pryor, Bob Mayhew, Grace Glover, Beth & Bob Reamy, Cameron Furlow, Flo Speidell, Lori Seal, Hazel Romine, Terri Traw, Mary Davis, Jean Story, Brenda Nash, Tina Lisenbee, Jack Combs, Christa Breiner, Bill Perkins, Joanne Burke, Walter McGuire, Robbie Ivey, Dorlyn Ball, Gwen Williams, Tammy Asch, John Bodenhorst, Nan May, Rebecca Taylor, Rick Hensley, Jenny Hatcher, Mary, Dave, Katherine, Joe, Chase, Gary, Ellen, Hattie, Tim, Carolyn, Rebecca

Ongoing Prayer Requests

Palin Spruance, Irene Kehres, Dawn Creasman, Wendy Barber, Peggy Smith, Jacqueline Matthews, Dale Abeling, Bonnie McGuire, Paul Dehnert, Steve & Kay Nesbitt, Rusty Wagstaff, Larry Ficker, Ann Fagan, Jo Furlow, Helen Diggs, Julia Williams

Calvary Episcopal Church

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A Welcoming and Affirming Congregation

Founded in 1859, we are members of the Body of Christ,
the worldwide Anglican Communion, and the Episcopal Church in the USA.
We are part of the Diocese of Western North Carolina.

The Right Reverend José McLoughlin, *Bishop of Western North Carolina*

The Reverend J. Clarkson, *Curate*

The Reverend Jacqueline Combs, *Deacon*

Anne Spruance - *Office & Churchyard Administrator*

Philip Dettra - *Director of Music*

Sharon Tenty - *Bookkeeper*

Dylan McSwain, Joe Auché - *Sextons*

Angela Montgomery, Amanda Davalos - *Nursery Workers*

The Vestry

Sue Ackman - 2017

Tom Best - 2019

Leo Bjorlie - 2018

Diane Crisp - 2019

Iris Durell - 2018

Janet Edwards - 2017

Jack Grant - 2018

Jennifer Hall - 2017

Kathy Noyes - 2019

Lois Pryor - 2018

Sue Ackman, Senior Warden + Jack Grant, Junior Warden + Ted Hill, Treasurer



Mission Statement: Calvary Episcopal Church is a gathering
of those seeking to follow Jesus and to serve the world.



Worship

Sundays

8:00 a.m. & 10.30 a.m. - Holy Eucharist
6:00 p.m. Taizé - 2nd Sunday

Alternating Mondays

9:00 a.m. - Lectio Divina

Tuesdays

12:00 noon - Centering Prayer

Wednesdays

10:00 a.m. - Holy Eucharist & Healing

Christian Formation

Sundays

9:30 a.m. - Adult Classes
10:30 a.m. - Children's Chapel
12:00 noon - Deacon's Class

Alternating Mondays

9:00 a.m. - Lectio Divina

Wednesdays in Lent

6:00 p.m. - Food & Formation