



Calvary News

December 1, 2017

Advent Food & Formation

Food & Formation starts Wednesday with the first of three sessions studying the Gospel of Mark. Throughout the next year, many of our Sunday gospel lessons will be drawn from this book, so through Advent we will be looking at the world Mark lived in, the narrative of this Gospel, and how it speaks to our day. Join us at 6:00 p.m. for food and stick around for formation immediately following. Please sign up in the Old Well Hall so we know how much food to prepare. (Or, if you prefer not to venture out after dark, join us in the Library at 11:00 a.m. each Wednesday for a sneak preview.)



An Advent Benedictine Day

Saturday, December 16 from 10:30 a.m. - 4:00 p.m. Led by Mother Liz. As we approach the Christmas season we will focus on the theme of Mary's song in Luke 1:46-55 in which she offers praise to the God who has "lifted up the lowly." Benedict created a rule so that by living simply, the brothers might use their resources to welcome the poor and serve all who came in need. As a symbol of our own concern for those in need at this season we are invited to bring items for the Calvary Food Pantry or a donation to this ministry. Registration and coffee at 10:30, with the Day beginning at 11:00. Cost is \$5 for everyone. Bring your lunch; we'll provide dessert and beverages. Please sign up in the Old Well Hall.

December Dates



Sunday, December 24 morning services will be combined. We will have one service at 9:30 a.m.



A Candlelight Christmas Eve Holy Eucharist will be held at 5:30 p.m. on Sunday, December 24.



Christmas Day Eucharist will be held at 10:30 a.m. on Monday, December 25.



A Christmas Lessons & Carols and Holy Eucharist will be held at 9:30 a.m. on Sunday, December 31.

December Lunch Bunch

Last Call for Reservations - Calvary's Lunch Bunch will meet at P.F. Chang's in Biltmore Park on Friday, December 8 at 11:30 a.m. Please call Candice Ficker at 230-3340 by Monday, December 4 if you plan to come. **Note the earlier deadline for reservations.** We are having an ornament exchange at our December get-together, so it's important that we know how many will be joining us. Please bring a wrapped Christmas ornament (less than \$10 value) to exchange with others at the lunch. Since parking near the restaurant is tight, we can carpool from the church parking lot.

Calvary's Angel Tree

If you would like to participate in offering help to children and families in need, check Calvary's Angel Tree in the Old Well Hall. There are gift ideas listed on Angel tags for children of all ages that are needed for the clients served by CARING for Children, a nonprofit in Buncombe County that supports children and families in crisis by providing care, shelter, education, and treatment. Please plan to bring the unwrapped items you have purchased to Calvary no later than Wednesday, December 13, and include the Angel tag with the item. If you have any questions, please call Diane Crisp at 828-777-9884.



A Note on Liturgical Colors

Parishioners have asked about the colored paper we have been using for the bulletin inserts throughout the past year - why it is sometimes green, sometimes violet and sometimes even white. There is a reason!



Although early Christians preferred white for liturgical dress, colors designating seasons and feasts date from the twelfth century in western Europe, with many regional variations. Other colors gradually came into use, and were fixed with the 1570 missal of Pius V. Today, most Anglicans follow modern Roman Catholic practice. Current liturgical colors include white or gold for Christmas, Easter, other feasts (except those of martyrs), marriages, and funerals; blue or violet for Advent; violet or Lenten array for Lent; red for Holy Week, martyrs, the Day of Pentecost, and ordinations; and green for ordinary time after the Epiphany and after the Day of Pentecost. Some parishes even use rose for Advent 3 and Lent 4. We try to match the bulletin insert paper as closely as we can to the colors of the altar hangings to mark the various colors of the season.

Food Pantry News

Thank You to everyone who helped make our Thanksgiving turkey giveaway so successful. We served 166 families made up of 609 individuals. We also have money left over to buy hams for Christmas. Thank you to Leila Patterson Fitness and Aquatics Center for 1000+ pounds of food from their annual food drive. We also thank 1st Citizens Bank, Immaculate Conception Catholic Church, Feed & Seed, Fletcher United Methodist Church, Nativity Lutheran Church, and welcome the 500+ pounds given by Calvary parishioners. We are very blessed with such abundance. We served a total of 479 households and 1728 individuals in November.



NO Egg Cartons - We have enough egg cartons for now - many thanks for your contributions.

Christmas is a time of giving. You can give to the Food Pantry every time you order online on Amazon Smile and give to CECFP, Inc.

Looking for something for people who have everything and you don't know what to give? Gift cards are available on the Food Pantry display table and envelopes in the Old Well Hall for your donation to put in the offering plate or give to the church office. Make checks payable to Calvary Episcopal Church Food Pantry, Inc., memo line "gift card."

Volunteering - to volunteer on Saturdays, go to: <http://signup.com/go/MgvDQc> to sign up. Come by at 8:30 a.m. on Tuesday, December 5 and Monday, December 18 for MANNA delivery and every Friday at 9:00 a.m. to stock shelves. We are also looking for grant writers and someone with computer skills for PR and communications including keeping the website updated, writing articles and promoting the Food Pantry. Contact Betty Robbins if you have the skills and time.

Don't forget that the first Sunday of the month is Food Pantry Sunday; all loose offerings go to the Food Pantry, plus bring canned goods, especially peanut butter, cereal, sugar, and coffee.

Future Food Pantry Building Update: The Vestry and Food Pantry Board of

Directors have approved the start of our fund raising campaign. We are initially seeking funding from businesses and philanthropists in the area served by the Pantry, as well as applying for grants and using fund raising appeals via social media and other events. We are looking for funding from outside sources and are not asking for donations from parishioners, although we welcome unsolicited donations.



**Support us when you shop
this holiday season**

Buy your gifts and holiday essentials at
smile.amazon.com. You shop. Amazon donates.



amazonsmile

Side by Side Singing

Are you dreaming of a White Christmas? Longing to wish *Joy to the World*? Come sing about it with Side by Side Singing on Tuesdays, December 5 and 12 at 2:00 pm. You will find us in the Parish Hall. If you'd like to help provide cookies and fruit for hungry singers, please sign up in the Old Well Hall.



Health Ministry Notes

I pray that you and your loved ones enjoy peace, joy, and wholeness this Christmas! As we reflect on God's great gift to us, I am aware of the many gifts we can give ourselves and others. Some of the gifts most treasured are of time... worshiping together, rest and relaxation, forgiveness, living a healthy lifestyle, listening and being present and sharing humor.

It's important to keep your normal routine living the true Christmas spirit instead of "spending" and "observing" the holiday on human terms. Giving yourself and your family and friends the gift of time to worship and to rest and relax and do all things in moderation and being realistic will reduce the stress and provide the opportunity to know the hope, peace, joy and love that comes from God. Learn to say no and ask for help.

Stay connected with those who love you, especially God. Don't be alone. Throw guilt out of the window. Live in the present, not in the yesterdays. In all your giving, don't forget to treat yourself. Especially the gift of humor; in Proverbs we read that "a cheerful heart is good medicine."

Another gift is that of listening and being present for those who are grieving. We have had many deaths at Calvary this past year. Christmas is a very difficult time for those who have suffered a loss. Allowing time to sit quietly, listening and providing comfort to those who are experiencing sadness is a true gift. And never forget the reason for the season.

If you have any questions, concerns, suggestions or comments, I encourage you to call me.

On the fourth Saturday of each month, Linda Wozniak, RD, LDN is available for nutrition counseling, as is an RN for blood pressure screening. In addition, a nurse is available for blood pressure screening on the second Sunday after services.

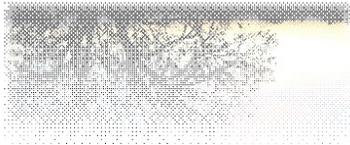
- Betty Robbins, RN, Parish Nurse

Hosts for BOTH Coffee Hours Desired

A mere four dozen cookies or mini-cupcakes can bring happiness to those who attend the 10:30 service, while the 8:00 parishioners might need less volume but a little more substance. Homemade or store-bought, it's all fine! Coffee, set-up and clean-up are handled by the sexton – just give him some direction. Sign up in the Old Well Hall or call the parish office at 684-6266.



Dear Calvary Parish Community,



Kim and I, as well as Joey and his family, would like to extend our deepest gratitude for your practice of presence to us, as we navigate the loss of our oldest son, Jonathan, to Type I Diabetes. You have offered us many gifts of presence and spirit ... in your good company and visits; your cards, your flowers, books, candles; with food and drink; in celebrating his life with us at the Cathedral of All Souls; and even in the spaces between us as you have offered your prayers. Indeed, the body of Christ is alive and well, we have been blessed in it and trust we will be sustained in it by God's grace and our ability to show up in what is real.

It is often difficult for us to find words for each other. I have learned that there are often no more profound words than “thank you,” so I will simply end with that. Thank you.

Your servant and family in the body of Christ,

~Jacque and Kim

Calvary Prayer List

Immediate Concerns

Hazel Romine, Greyson Franklin, Terri Traw, Mary Davis, Jean Story, Brenda Nash, Tina Lisenbee, Flo Speidell, Jim Charocopos, Betty Robbins, Jack Combs, Christa Breiner, Bill Perkins, Bob Reamy, Joanne Burke, Walter McGuire, Dawn Creasman, Robbie Ivey, Dorlyn Ball, Gwen Williams, Tammy Asch, John Bodenhorst, Joan Schelly, Nan May, Rebecca Taylor, Rick Hensley, Jenny Hatcher, Dave, Katherine, Joe, Chase, Heather, Gary, Ellen, Hattie, Linda, David, Tim, Carolyn, Rebecca

Ongoing Prayer Requests

Wendy Barber, Peggy Smith, Jacqueline Matthews, Dale Abeling, Bonnie McGuire, Paul Dehnert, Tony Wicker, Steve & Kay Nesbitt, Rusty Wagstaff, Larry Ficker, Terri Traw, Cameron Furlow, Ann Fagan, Jo Furlow, Helen Diggs, Julia Williams

Special Gifts for Christmas

The Celebration of Christ's birth is a joyful time to make a tangible offering of thanks: a memorial for a departed loved one, an offering in thanks for a birthday or special event, to honor someone, or in thanks for answered prayer. Your gift will also help meet unbudgeted needs within the parish, such as enhancing our worship, or providing for others.

All special gifts will be acknowledged in the Christmas bulletins.

Please make checks payable to "Calvary Church - Christmas gifts"

Given by:
Address:

Please print clearly the person or event you wish to honor:

<input type="checkbox"/> In Memory of
<input type="checkbox"/> In Thanksgiving for
<input type="checkbox"/> In Honor of

Gift Designation:

<input type="checkbox"/> Christmas Flowers	<input type="checkbox"/> Music Fund
<input type="checkbox"/> Discretionary	<input type="checkbox"/> Other

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A Welcoming and Affirming Congregation
Founded in 1859, we are members of the Body of Christ,
the worldwide Anglican Communion, and the Episcopal Church in the USA.
We are part of the Diocese of Western North Carolina.

The Right Reverend José McLoughlin, *Bishop of Western North Carolina*
The Very Reverend W. Rian Adams, *Rector*
The Reverend J. Clarkson, *Curate*
The Reverend Jacqueline Combs, *Deacon*
Anne Spruance - *Office & Churchyard Administrator*
Philip Dettra - *Director of Music*
Sharon Tenty - *Bookkeeper*
Dylan McSwain, Joe Aucho - *Sextons*
Angela Montgomery, Amanda Davalos - *Nursery Workers*

The Vestry

Sue Ackman - 2017
Tom Best - 2019
Leo Bjorlie - 2018
Diane Crisp - 2019
Iris Durell - 2018

Janet Edwards - 2017
Jack Grant - 2018
Jennifer Hall - 2017
Kathy Noyes - 2019
Lois Pryor - 2018

Sue Ackman, Senior Warden + Jack Grant, Junior Warden + Ted Hill, Treasurer



Mission Statement: Calvary Episcopal Church is a gathering
of those seeking to follow Jesus and to serve the world.



Worship

Sundays

8 a.m. & 10.30 a.m. - Holy Eucharist
6 p.m. Taizé - 2nd Sunday

Alternating Mondays

9.00 a.m. - Lectio Divina

Tuesdays

12 noon - Centering Prayer

Wednesdays

10 a.m. - Holy Eucharist & Healing

Christian Formation

Sundays

9.30 a.m. - Adult Classes
10:30 a.m. - Children's Chapel
12:00 noon - Deacon's Class

Alternating Mondays

9.00 a.m. - Lectio Divina