



Annual Calvary Barbeque



Home of
Wicked-Good BBQ



Saturday, November 4
12:00 Noon-7:00 p.m.

Eat in or take out

Adults \$10.00; Children 12 and under \$6.00.
Bring your friends and neighbors and join us!



The Calvary Crafters will hold their 4th annual Craft Sale during the Calvary BBQ on November 4. We appreciate your support!

New Healing Prayer Team Member

The Calvary Healing Prayer Team is so excited to share the news with you that we are adding Godfrey Negron to the 8:00 a.m. prayer team roster.

Godfrey has been attending Calvary since he was a baby. For some time he has felt not only the desire, but the calling, to be a member of the prayer team and we in turn felt very strongly that we should nurture that calling. Fr. Rian agreed completely, but also wanted to be sure this is a positive experience for Godfrey and his spiritual development.

To that end, Suzanne De Pree and I met with Godfrey over the summer. We met with him on four occasions (with his grandfather in attendance), and discussed such things as his calling, prayer, and confidentiality. Fr. J. also met with Godfrey on September 24 (again with his grandfather in attendance). We are all in agreement that Godfrey will make an excellent addition to our team.

I know the members of Calvary will be as excited as we are to see such a young person step forward and that all of us, whether part of the prayer team or not, will help to encourage and support this special boy!

- Lee Smith

We Are Recruiting Acolytes

We are looking to recruit acolytes for the 10:30 a.m. service. Anyone in grades 4 - 12 can acolyte. Please contact Wendy Curley at w.curley@icloud.com, with the name and grade. We will schedule a training session in October to go over the duties and expectations.

Monthly Lunch Bunch

Calvary's Lunch Bunch will meet at 11:30 a.m. on Friday, October 13 at Sierra Nevada in Mills River. As you remember from our last visit there, at least six of us must be present by 11:00 a.m. to make sure we get table space for all. Call Candice Ficker at 230-3340 by Wednesday, October 10 to let her know if you are coming. Do try to come.



Episcopal House XII

The build is finished at Episcopal House XII and the house looks great. We still have time, however, to raise our pledged funds towards the cost of the house. Calvary has collected \$1960 of the \$3000 we pledged. Please consider making a donation. Checks can be made out to Calvary with 'Habitat House' in the memo line and either placed in the offering plate or given to the church office.



Food Pantry News

Welcome to our new executive committee members: Marilyn Bradt, Fund Raiser Coordinator; and Dick Ackman, Product Resource Coordinator.

Your donations are always welcomed. We are now giving out more canned fruit and vegetables to meet nutritional needs. The favorites are canned pineapple, canned greens and chopped tomatoes. On average we give out over 300 cans of fruit and 385 cans of vegetables a week. Also, sugar is always needed. Monetary donations help us buy items that are needed and not donated.

Also giving your time is priceless. Go to <http://signup.com/go/MgvDQc> to sign up for Saturdays. Upcoming Manna deliveries are Tuesday, October 24 and November 7 at 8:30 a.m.; just come and help stock our shelves. Every Friday at 9:00 a.m., we put away items donated during the week. Your help is more than welcome at any time.

Upcoming Events:

Remember, the first Sunday of the month is Food Pantry Sunday. All loose offering in the plate goes to Food Pantry.

Tuesday, November 7 is charity day at Iannuccis, at both lunch and dinner hours. Ten percent of all their sales will be donated to the Food Pantry. It's a good day to eat out or take out and help the Food Pantry.

We are once again taking donations for turkeys to give to our clients on Saturday, November 18. Make checks out to CECFP, Inc. and put "turkeys" in the memo line. We do not have enough space for donated frozen turkeys and we can get a great deal on large quantities, so we prefer to buy them when we need them. Last year we gave out 148 turkeys. Thank you for your generosity.

Diocesan Youth Event

Senior High Fall Conference is held October 27-29 at Valle Crucis. All high schoolers are welcome at this event. The Diocesan Youth Council plans the weekend. There are talks, small groups, games, singing, worship etc. during the weekend. This is a great way for youth to get involved and meet others from around the diocese. Registration for the event is on the Diocesan website at www.diocesewnc.org. Do not let finances keep a youth from attending. Please let Wendy Curley know who will be attending this event.

Health Ministry Notes

In October, we recognize the Feast of St. Francis, who is fondly remembered for many virtues including peacemaking, openness to all, simplicity in living, radically living a call to service, and respect for all creation. This month I want to focus on pursuing and living lives as peacemakers.

The Bible offers us some great wisdom on living lives as peacemakers, and my perspective is captured in the following acrostic:

- P**ursue God, His Word and His way of responding to conflict (Matthew 6:33)
- E**ach person you meet, look at them as Christ sees them, and avoid focusing on minor faults (I John 4:7)
- A**ccept personal responsibility for your contribution to conflict; try to see the situation from the other person's view point (Galatians 6:4)
- C**onnect with the other person and ask forgiveness (Matthew 5:23-24)
- E**valuate the situation and all others in the future for peaceable rather than punitive solutions.

You can ask yourself: *am I really committed to a peaceful solution, even if it takes more time and energy... or do I feel I am in the right and I want the other person to "feel my anger?"* (Psalm 34:14)

May He who is our **PEACE**, rule your hearts, minds and spirits with perfect and enduring **PEACE**.

On the fourth Saturday of each month, Linda Wozniak, RD, LDN is available for nutrition counseling, as is an RN for blood pressure screening. In addition, a nurse is available for blood pressure screening on the second Sunday after services. Anytime you have a concern or question I'm available to assist you.

- Betty Robbins, R.N., Parish Nurse



Knitting 101 Continues

Join us on Monday, October 23 at 9:00 a.m. for our beginners knitting class, along with the Knit-along for more experienced crafters working on prayer squares and shawls. This is becoming a special time every other week; please join us!

Hosts for **BOTH** Coffee Hours Desired

A mere four dozen cookies or mini-cupcakes can bring happiness to those who attend the 10:30 service, while the 8:00 parishioners might need less volume but a little more substance. Homemade or store-bought, it's all fine! Coffee, set-up and clean-up are handled by the sexton – just give him some direction. Sign up in the Old Well Hall or call the parish office at 684-6266.



Nonviolence in Spirit, Soul, and Society

The practice of Nonviolent Social Engagement to bring about political transformation is over 5000 years old. Come and learn about how and why Nonviolence works, how it offers new models for theology and spirituality, as well as depth psychology. This is a workshop for people who need hope and a refreshing vision. It is for anyone who wants a deeper practice of spirituality and who longs for personal and political transformation.

October 20, 3pm – 5 pm

How Nonviolence Works

October 27, 3pm – 5 pm

Implications for Soul and Society

Dan Snyder is a pastoral psychotherapist and spiritual director in Black Mountain. He is trained in theology and Jungian depth psychology. He has also been a student and teacher of Nonviolence for more than forty years. A lifelong Quaker, he holds masters degrees from Earlham School of Religion and Boston University School of Theology and a PhD in Clinical Psychology from Pacifica Graduate Institute. He has led many workshops and retreats in both the U.S. and Europe. His lifelong passion has been the integration of transformative spiritual practice and faithful engagement in outward action. To learn more about Dan you can visit his website at www.danielosnyder.com.

Calvary Prayer List

Immediate Concerns – Jim Charocopos, Norma Glatz, Betty Robbins, Brenda Nash, Rosemary Zimmerman, Jack Combs, Virginia Arthur, Christa Breiner, Marge Roome, Bill Perkins, Bob Reamy, Joanne Burke, Walter McGuire, Dawn Creasman, Robbie Ivey, Dorlyn Ball, Gwen Williams, Tammy Asch, John Bodenhorst, Joan Schelly, Nan May, Rebecca Taylor, Rick Hensley, Jenny Hatcher, Dave, Katherine, Joe, Chase, Heather, Gary, Ellen, Hattie, Linda, David, Tim, Carolyn, Rebecca

Ongoing Prayer Requests – Wendy Barber, Peggy Smith, Jacqueline Matthews, Dale Abeling, Bonnie McGuire, Paul Dehnert, Tony Wicker, Steve & Kay Nesbitt, Rusty Wagstaff, Larry Ficker, Terri Traw, Cameron Furlow, Ann Fagan, Jo Furlow, Helen Diggs, Julia Williams

Departed – Elizabeth Grant (daughter of Jack & Lauren Grant)

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Fax: 828-684-6320
Email: welcome@calvaryfletcher.org

A Welcoming and Affirming Congregation

Founded in 1859, we are members of the Body of Christ,
the worldwide Anglican Communion, and the Episcopal Church in the USA.

We are part of the Diocese of Western North Carolina.

The Right Reverend José McLoughlin, *Bishop of Western North Carolina*

The Very Reverend W. Rian Adams, *Rector*

The Reverend J. Clarkson, *Curate*

The Reverend Jacqueline Combs, *Deacon*

Anne Spruance - *Office & Churchyard Administrator*

Philip Dettra - *Director of Music*

Sharon Tenty - *Bookkeeper*

Dylan McSwain, Joe Auché - *Sextons*

Angela Montgomery, Amanda Davalos - *Nursery Workers*

The Vestry

Sue Ackman - 2017

Tom Best - 2019

Leo Bjorlie - 2018

Diane Crisp - 2019

Iris Durell - 2018

Janet Edwards - 2017

Jack Grant - 2018

Jennifer Hall - 2017

Bo Harris - 2019

Kathy Noyes - 2019

Lois Pryor - 2018

Sue Ackman, Senior Warden + Jack Grant, Junior Warden + Ted Hill, Treasurer



Mission Statement: Calvary Episcopal Church is a gathering
of those seeking to follow Jesus and to serve the world.



Worship

Sundays

8 a.m. & 10.30 a.m. - Holy Eucharist
6 p.m. Taizé - 2nd Sunday

Tuesdays

12 noon - Centering Prayer

Wednesdays

10 a.m. - Holy Eucharist & Healing
4.00 p.m. - Lectio Divina

Christian Formation

Sundays

9.30 a.m. - Adult Classes
10:30 a.m. - Children's Chapel

Wednesdays

4.00 p.m. - Lectio Divina